

*“Football Excellence through evidence based  
Sports Science & Medicine”*

## Poster Presentation Guidelines

The purpose of this session is to promote interactive sessions between researchers and professional colleagues. The poster must convey the key elements of work.

The poster will be posted on the bulletin board during the session. The presenter must be present during this session to explain and answer any questions from interested colleagues.

1. The poster must have the following minimal information as follows:

- Title
  - Problem
  - Hypothesis
  - Literature
  - Methods
  - Analysis
  - Findings
  - Recommendation for future study
2. Poster should be readable from a distance of 6 feet (24 pt font size minimum)
  3. Each chart, table, diagram or photograph should be large, readily legible and self-explanatory. Captions or legends should be brief.
  4. The orientation of the poster must be portrait in the size of 36 x 48 inches.
  5. Poster can be mounted by using velcro tape and pushpins on a bulletin display board.
  6. Print some copies of your poster in A4 size to be distribution to interested delegates.

### Hints and Advice

- Choose your word carefully. Try to limit the amount of information you place on a poster. Remember that you are trying to present KEY ideas. You will be present to answer the questions about what you have written, so keep it short.
- Spell check your work
- Use the correct layout for your information
- Remember when organizing the layout of your presentation that people read from left to right
- Carefully select a design layout that enhances readability.